

**FORM FOR SCHOOL**

St. John Regional Catholic School  
**HOT LUNCH MENU – Period: MARCH 2010**

**SCHOOL**

Name: Grade:	Name: Grade:	Name: Grade:	Name: Grade:
Week of March 1	Week of March 8	Week of March 15	Week of March 22
<b>MON</b>	<b>MON</b>	<b>MON</b>	<b>MON</b>
Spaghetti w/sauce & brd	Macaroni & cheese /bread	Lasagna w/bread	Ravioli w/bread
<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>
Hamburger on roll w/chips	Turkey & cheese roll/chips	Italian w/chips	Tuna roll w/chips
Incl: Salad, dessert	Incl: Salad, dessert	Incl: Salad, dessert	Incl: salad, cake
<b>TUES</b>	<b>TUES</b>	<b>TUES</b>	<b>TUES</b>
Dino Nuggets	Chicken burger	Cheeseburger	Hot dog
<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>
BLT	Egg salad roll	Hamburger	Meatball sub
Incl: Potato puffs, corn, fruit	Incl: Fries, green beans, cookie	Incl: Fries, celery sticks/dip; fruit	Incl: Corn chips, corn, brownie
<b>WEDS</b>	<b>WEDS</b>	<b>WEDS</b>	<b>WEDS</b>
French Toast Sticks w/bacon	Shepherd's Pie w/biscuit	Pancakes w/sausage	Dino nuggets
<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>
Turkey & cheese roll w/chips	Ham salad roll w/chips	BLT w/chips	Turkey & cheese roll
Incl: Veggie sticks, congo bar	Incl: Sliced carrots, fruit	Incl: Veggie sticks; applesauce	Incl: Potato puffs, green beans, fruit
<b>THURS</b>	<b>THURS</b>	<b>THURS</b>	<b>THURS</b>
Hot Dog	Nachos w/cheese/salsa	Chicken nuggets	Spaghetti pizza
<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>
Meatball sub	Tuna roll w/chips	Ham & cheese roll	Meatball sub
Incl: Corn chips, green beans, fruit	Incl: Veggies, fruit	Incl: Fries, corn, cookie	Incl: Chips, salad, cookie
<b>FRI</b>	<b>FRI</b>	<b>FRI</b>	<b>FRI</b>
Fish sticks/mashed potato	NO SCHOOL	Cheese pizza	English muffin pizzas
<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>
Egg Salad roll/chips	Parent/Teacher Conference	NO SECOND CHOICE	Egg salad roll
Incl: Green beans, brownie	Incl:	Incl: Cucumber sticks, chips, orange	Incl: Pretzels, veggie sticks, fruit

All meals are \$2.85. Please enclose this sheet and payment in envelope marked with your child's full name, grade and payment amount. Milk/juice for cold lunch can be purchased per day for \$.35. Payment and this sheet are due by **Thursday, Feb. 25<sup>th</sup> at 11 a.m.** for this upcoming week or you may order for the full month. No late orders will be accepted. Please do not include any other payments with this sheet. Thank you. **PLEASE REMEMBER THAT MENU IS SUBJECT TO CHANGE.** Place an 'X' or √ next to your choice. Please place student's name at top of each column when ordering for that week.